

Regularly Scheduled Series

## **OU Foot and Ankle Journal Club**

Course No. 26D26

Tuesday, July 15, 2025

6:30am - 7:30am

**Zoom Link:**

<https://zoom.us/j/96518107690?pwd=Ly9OWE9nRTlhbm54Y3VRd0ZlcDkwQT09#success>

## **Foot and Ankle International Journal Selected Articles July 2025**

Presented by:

**Jeremy A. Bernhardt, MD PGY4**

**Rob H. Nayfa, MD PGY2**

1. Comparison Between Calcaneal Lengthening Osteotomy and Calcaneo-Stop Procedure in the Surgical Treatment of Idiopathic Flatfoot in Children: Retrospective Cohort Study
2. Early Periprosthetic Tibial Lucency Following Low-Profile Total Ankle Arthroplasty
3. GLP-1 Agonists' Effect on Infection and Union after Tibiotalar Fusion, Subtalar Fusion, Triple Arthrodesis
4. Comparative Analysis of Isolated Nitinol Staple Fixation vs Staple Plus Screw Fixation In Midfoot and Hindfoot Arthrodesis
5. Radial Extracorporeal Shockwave Therapy (rESWT) Is Not Superior to "Minimal-Dose" rESWT for Patients With Chronic Noninsertional Achilles Tendinopathy: A Double-Anonymized Randomized Controlled Trial
6. Open Reduction and Internal Fixation vs Primary Tibiotalar Calcaneal Hindfoot Nailing for Ankle Fractures in Elderly Patients: A Systematic Review and Meta-analysis

### **Professional Practice Gaps:**

1. The need to keep physicians and other practitioners up to date on the evidence-based medicine in Foot and Ankle Surgery.

**Learning Objectives:** Upon completion of this session, participants will improve their competence and performance by being able to:

1. Identify and address gaps in quality of clinical service provided in Foot and Ankle Surgery
2. Evaluate evidence-based knowledge and skills in Foot and Ankle Surgery
3. Develop teamwork and research among the foot and ankle community in Oklahoma by including an inter-professional audience.
4. Apply lifelong learning in foot and ankle surgery to assist foot and ankle surgeons in providing high quality care to patients.
5. Discuss competence in one or more of the six core competency areas.
6. Apply patient-centered care through inter-professional education.
7. Demonstrate the practice of evidence-based medicine in Foot and Ankle Surgery.

**Accreditation Statement:** The University of Oklahoma College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Mitigation Statement:** The University of Oklahoma College of Medicine, Office of Continuing Professional Development has reviewed this activity's speaker and planner disclosures and has mitigated all relevant financial relationships with ineligible companies, if applicable.

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**Accommodation Statement:** For accommodations, please contact Melissa Trimble at 405-271-4426.

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#### Disclosure & Mitigation Report

Role(s)	First Name	Last Name	Ineligible Company	Nature of the Financial Relationship
Course Contact	Melissa	Trimble		I have no relevant financial relationships or affiliations with commercial interests to disclose.
Course Director	Paul	Kammerlocher, MD		I have no relevant financial relationships or affiliations with commercial interests to disclose.
Speaker	Jeremy A.	Bernhardt, MD		I have no relevant financial relationships or affiliations with commercial interests to disclose.
Speaker	Rob H.	Nayfa, MD		I have no relevant financial relationships or affiliations with commercial interests to disclose.